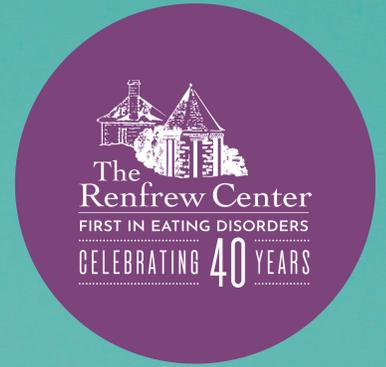


 VIRTUAL ALUMNI PANEL



BECOMING YOU: Navigating Identity Development & Growth in Recovery

Join us for a **FREE** virtual panel discussion, facilitated by **Alumni Services Coordinator, Erin Birely, LCPC**, focused on developing an authentic self in recovery.

- Hear powerful recovery stories from our panelists
- Discover how they moved beyond an eating-disorder-driven identity
- Participate in a live Q&A with the panelists to gain insight and practical tools for your own journey

Monday, April 20, 2026
7:00 pm – 8:30 pm (ET)



Held online via
Zoom



REGISTER NOW: www.renfrewcenter.com/events

For questions about this event, please
contact alumni@renfrewcenter.com.

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