

VIRTUAL SUPPORT PERSONS COMMUNITY GROUP

at The Renfrew Center

.....

Those impacted by a loved one with an eating disorder—whether a sibling, parent, spouse, friend, partner, or caregiver—often need additional support during the treatment process. This weekly group is available to anyone identified as a Support Person.

Participants receive guidance from Renfrew's clinical team and one another, learning how to communicate more effectively with their loved one and support their recovery journey.

The group also introduces The Renfrew Center's Unified Treatment Model for Eating Disorders®, helping Support Persons understand the foundation of their loved one's treatment.

Held Wednesdays

4:00 PM - 5:00 PM (ET) or

5:00 PM - 6:00 PM (ET)

To join a group or for more information, please email **Christin Edwards-Salinas, LCSW**, at cedwards-salinas@renfrewcenter.com for the Wednesday 4-5 PM group and **Nicole Sadler, MS, LPC**, at nsadler@renfrewcenter.com for the Wednesday 5-6 PM group.

In a healing community, The Renfrew Center provides the skills to support recovery from anorexia nervosa, bulimia nervosa, and binge eating as well as the full range of eating disorders, and to promote meaningful, satisfying lives.

