



**Support.
Connection.
Just a text away.**

You can text our Alumni Care Line at

610-465-1421

Available Monday through Friday,
9:00 am - 5:00 pm (ET)



THE RENFREW CENTER'S ALUMNI TEXT CARE LINE

Whether you are thinking about returning to treatment, exploring outpatient groups, or just needing a little guidance on your next steps, we're here for you. We value every member of our alumni community, and we're committed to making it as easy and compassionate as possible for you to get the help you need.

Our Alumni Care Line team is made up of kind, knowledgeable staff who are ready to support you.

You can now text our Alumni Care Line at 610-465-1421 available Monday through Friday, 9:00 am - 5:00 pm (ET)

When you text us, please include:

- **Your full name**
- **A quick note about why you're reaching out**
(for example, returning to treatment, outpatient group info, etc.)

Your message will be received through Renfrew's **secure, HIPAA-compliant system** by our team who can get you connected to the right support quickly.

A few important things to keep in mind:

- The text line is not a substitute for therapy or clinical care.
- By texting, you are giving us permission to contact you about care options or support.
- If there are any serious safety concerns you share, we may need to take steps to keep you or others safe.
- This line is not monitored for emergencies so if you are in crisis, please call 911 or go to your nearest hospital.

• **Other Alumni Services Inquiries?**

- Alumni events, speaking opportunities or general questions:
- Email: alumni@renfrewcenter.com
- Phone: **1-800-RENFREW (736-3739)**

