



OUTPATIENT GROUPS at THE RENFREW CENTER for Eating Disorders

For individuals who are seeking treatment other than Residential, Day Treatment or Intensive Outpatient, The Renfrew Center offers Outpatient Group Therapy. Groups vary by location.

Adolescent Eating Disorders Group

Addresses the biopsychosocial and cultural factors associated with this age group.

Aftercare Group

For Renfrew alumni who are working towards recovery.

Binge/Emotional Eating Group

Focuses on the underlying issues of emotional and binge eating.

BIPOC (Black, Indigenous and People of Color) Support Group

For BIPOC individuals with disordered eating patterns.

Eating Disorders Group

For those who struggle with disordered eating or who are in recovery from an eating disorder.

Midlife/Thirty Something and Beyond Group

Helps individuals 30 years of age or older explore the connections between their eating concerns and other life challenges.

SAGE (Sexuality and Gender Equality) Support Group

For those who identify as members of the LGBTQIA+ community.

Support Persons Community Group

Attendees receive guidance from clinical staff and each other.



For more information about Renfrew's Outpatient Groups or to schedule an assessment, please call **1-800-RENFREW (736-3739)** or visit www.renfrewcenter.com.

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