

# Virtual Outpatient BIPOC Support Group for Eating Disorders



**Held Weekly on Tuesdays • 5:30 pm - 6:30 pm (ET)**

**The Renfrew Center for Eating Disorders is pleased to offer a Virtual Outpatient BIPOC (Black, Indigenous and People of Color) Support Group.**

This weekly group addresses the emotional and physical impacts of the current cultural climate on recovery and is ideal for BIPOC individuals with disordered eating patterns, or those questioning if they have an eating disorder, who are looking for additional support.

## **Attendees will:**

- Share their experiences and address anxiety, trauma or other related emotions that may have been recently reactivated.
- Discuss access to care concerns and where to find resources for this specific population's needs.
- Receive valuable takeaway tools to support themselves during their recovery.



**SCHEDULE AN ASSESSMENT TODAY**

**Call 1-800-RENFREW (736-3739) or visit [www.renfrewcenter.com](http://www.renfrewcenter.com) for more information.**

