

THE RENFREW CENTER FOUNDATION'S PROFESSIONAL WEBINAR SERIES

Free online trainings hosted by Renfrew's eating disorder experts.

Wednesday, September 25, 2024 • 12:00 pm - 1:00 pm (ET)

Provider Partners: When to Refer to a Higher Level of Care

When a client may need additional structure beyond outpatient treatment, a higher level of care may be best suited for sustained recovery. These levels of care include Residential, Day, and Intensive Outpatient Treatment. This presentation will review the complexity of eating disorders, assessment tools, and the guidelines for determining an appropriate level of care. Special consideration will be given to the importance of a multidisciplinary team, the referral process, and expectations for programming at each of these higher levels of care.

Presented by:



Meghan Brown, LMHC
Regional Admissions
Team Lead,
The Renfrew Center

Wednesday, October 23, 2024 • 12:00 pm - 1:00 pm (ET)

Beyond the Midnight Snack: Understanding and Treating Night Eating Syndrome Treatment

Night Eating Syndrome (NES) is often overlooked, misunderstood, and misdiagnosed due to a general lack of awareness. Attendees will learn how to spot the differences between Night Eating Syndrome, similar eating disorders, and sleep-related eating disorders (SREDS) and offer clients concrete tools to help them break free from the night eating cycle.

Presented by:



Samantha DeCaro, PsyD
Director of Clinical
Outreach and Education,
The Renfrew Center

Wednesday, December 11, 2024 • 12:00 pm - 1:00 pm (ET)

From Burnout to Balance: Self-Care Strategies for Eating Disorder Professionals

Burnout and compassion fatigue can be common in the field of eating disorders. This webinar will explore the challenges eating disorder professionals face in caring for themselves while they take care of others. Attendees will learn to practice self-care by increasing self-awareness and decreasing the disconnect between knowing what to do and actually following through with it, benefiting themselves and their clients by extension.

Presented by:



**Ashley Moser,
LMFT, CEDS**
Clinical Education Specialist,
The Renfrew Center

TO REGISTER

Please visit www.renfrewcenter.com.

For questions, contact webinar@renfrewcenter.com.