

The 34th Annual Renfrew Center
Foundation Conference for Professionals

FEMINIST PERSPECTIVES AND BEYOND:

THE NEW NORMAL HARNESSING WISDOM AND INNOVATION

Friday, November 8 –
Friday, December 27, 2024

FEATURED KEYNOTE



Chukwuemeka Nwuba,
MBChB BSc.



Sabrina Strings,
PhD

KEYNOTES



Virginia Sole-Smith



Christy Harrison,
MPH, RD, CEDS

HELD VIRTUALLY

Offering 56 CEs/CMEs



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FEATURED KEYNOTE PRESENTATION

Origins and Legacies: Impacts of Race and Gender on Eating Disorders

Friday, November 8, 2024 • 1:00 pm – 3:00 pm |ET|



Chukwuemeka Nwuba,
MBChB BSc.



Sabrina Strings,
PhD

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✓ CE Credits/Hours: 2.0 ★ Level: All

North Americans commonly believe that the Western aversion to fatness is rooted in medical concerns, especially given the purported “obesity epidemic.” However, studies have shown that the aversion to fat bodies in the West precedes medical warnings about any presumed relationship between size and health. Further, research has long established that the group most likely to be denigrated for being fat is Black women.

This Keynote address will include a moderated discussion that further delves into the intersection of race, gender, class and eating disorders. Our esteemed panelists will shed light on the origins, legacies and current realities that shape these complex issues and warrant further awareness, advocacy and action.

KEYNOTE PRESENTATIONS

Fat Talk: Parenting in the Age of Diet Culture

Saturday, November 9, 2024 • 10:00 am – 11:30 am (ET)



Virginia Sole-Smith

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✓ CE Credits/Hours: 1.5 ★ Level: All

For generations, children have learned from their parents, peers and even the medical community that thinness is a survival strategy in a world that equates body size and value. While many parents worry if their children care too much about being thin, often times a bigger and more pervasive concern for parents is protecting their children from the consequences of not being in an idealized thin body.

In this Keynote presentation, journalist Virginia Sole-Smith flips the script and questions whether our bodies are what needs fixing. She will expose the daily onslaught of fatphobia and body shaming that kids face from school, sports, doctors, diet culture, and parents themselves, and offers strategies for how clinicians can support families in changing the conversation around weight, health and self-worth.

The Wellness Trap: Breaking Free from Diet Culture and Disinformation

Saturday, November 9, 2024 • 2:00 pm – 3:30 pm (ET)



Christy Harrison, MPH, RD, CEDS

[LEARN MORE](#)

✓ CE Credits/Hours: 1.5 ★ Level: All

Changing social norms have resulted in increasing recognition of the negative impact of diet culture. In this Keynote presentation, Christy Harrison, MPH, RD, CEDS explores several major issues in wellness, including the lack of sound evidence for many diet claims in the integrative-health space, the absence of meaningful regulations for herbal and dietary supplements, and the social-media algorithms spreading wellness mis- and disinformation. She also offers strategies for avoiding these traps so that you can promote true well-being for your clients—and pursue it in your own life.