

THE RENFREW CENTER FOUNDATION'S PROFESSIONAL WEBINAR SERIES

Free online trainings hosted by Renfrew's eating disorder experts.

Wednesday, March 27, 2024 • 12:00 pm - 1:00 pm (ET)

"You Want Me to do What?": Collaborating with Clients When Developing ARFID Exposures

This webinar will provide an overview of ARFID, the three subtypes, and the multidisciplinary treatment team. Synthesizing Renfrew's Unified Treatment Model, CBT-AR, and case examples, this presentation will review exposure principles including an avoided foods list, a hierarchy, and food exposures. This webinar will also share Renfrew's research outcomes on ARFID.

Presented by:



**Laura McLain,
PsyD, BC-TMH**
Clinical Telehealth
Supervisor and
Training Specialist
The Renfrew Center



**Jessica Berens,
MS, RD, LDN**
Senior Regional
Nutrition Manager
The Renfrew Center

Wednesday, April 24, 2024 • 12:00 pm - 1:00 pm (ET)

Why Telehealth? The Renfrew Center's Groundbreaking Virtual Treatment Outcomes

Renfrew recently published the groundbreaking article, *Traditional vs. Virtual Partial Hospital Program for Eating Disorders: Feasibility and Preliminary Comparison of Effects*, in the scholarly journal *European Eating Disorder Review*. This webinar will highlight outcomes for both in-person and virtual partial hospital programs using Renfrew's Unified Treatment Model.

Presented by:



**Melanie Smith,
PhD, LMHC, CEDS-C**
Director of Training
The Renfrew Center

Wednesday, May 22, 2024 • 12:00 pm - 1:00 pm (ET)

In Sickness and In Health: Romantic Relationships in the Context of Eating Disorders

It is common for people to struggle with anxiety, acceptance and self-esteem while navigating relationships. For those with eating disorders, the complexities of managing dating and relationships while struggling with food and body can be challenging. This presentation will explore this intersection and offer skills for clinicians to address relational barriers to eating disorder recovery.

Presented by:



**Ashley Moser,
LMFT, CEDS**
Clinical Education Specialist
The Renfrew Center

TO REGISTER

Please visit www.renfrewcenter.com.

For questions, contact webinar@renfrewcenter.com.

