

# Virtual SAGE Support Group for Eating Disorders

Open to Renfrew alumni



Held Weekly on Wednesdays • 5:00 pm - 6:30 pm (ET)

The Renfrew Center for Eating Disorders is pleased to offer a Virtual SAGE (Sexuality and Gender Equality) Support Group.

This weekly group provides a safe, nurturing, and empowering environment to enhance the eating disorder recovery experience, tailored for those who are members of the LGBTQIA+ community.

This setting is intended to be an affirming environment to process body image and identity concerns, in addition to relationships and other challenges, through a trauma-informed lens. We focus on strengths and resilience in this forum where patients are encouraged to discuss their eating disorder issues, and how those intersect with gender identity, sexual orientation and feelings of marginalization.



The following themes that can hinder eating disorder recovery are discussed:

**Societal pressures • Fluidity in identity**  
**Intersectionalities • Gender expression**  
**Relationships • Exploration & questioning**



## FOR MORE INFORMATION

Call 1-800-RENFREW (736-3739) or visit  
[www.renfrewcenter.com](http://www.renfrewcenter.com) for more information.

