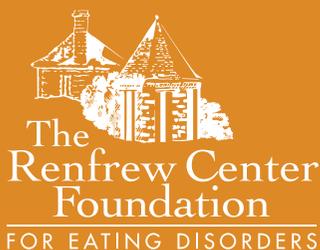




We're Bringing
Our Expertise To You

THE RENFREW CENTER
FOUNDATION FOR
EATING DISORDERS

2018
Spring
Seminar
Series For
Professionals



Friday, June 1st | 2018
Los Angeles, CA

6 CE Credits

www.renfrewcenter.com • 1-877-367-3383

National Experts, Local Opportunities For Learning

The Renfrew Center Foundation is dedicated to eliminating eating disorders by advancing education, prevention, advocacy, research, and treatment. Our seminars are designed to help healthcare professionals develop skills in the prevention, assessment and treatment of behavioral and emotional disorders in women.

The Renfrew Center Foundation, a non-profit organization, was the first in 1991 to host

a national conference about eating disorders. The Foundation has presented seminars in dozens of cities across the country and, to date, has trained more than 35,000 professionals.

This spring, we have planned advanced training seminars that address core issues in the treatment of eating disorders.

Seminar

Building Emotional Tolerance: A Transdiagnostic Approach to Understanding and Treating Eating Disorders

Gayle Brooks, PhD & Melanie Smith, LMHC

Clinicians and treatment programs have long been adept at facilitating symptom management strategies for individuals struggling with eating disorders. However, the problem of regression back into disordered behaviors over time continues to plague the field. Intolerance of difficult emotional experiences has been identified as a key etiological and maintaining factor of eating disorders and other maladaptive coping behaviors.

This workshop will examine the psychological complexity of eating disorders and explore the benefits of a cutting edge transdiagnostic treatment that builds emotional awareness, acceptance and tolerance through targeted emotion exposure interventions. Through experiential demonstration, this workshop will demonstrate emotion exposure techniques that are the foundation of The Renfrew Center Unified Treatment Model for Eating Disorders®.

About the Presenters

Gayle Brooks, PhD



Gayle Brooks, PhD, is Vice President and Chief Clinical Officer for The Renfrew Center. Dr. Brooks leads the Renfrew Clinical Excellence Board and the Clinical Training Department.

She has clinical and administrative oversight responsibility for Renfrew's residential facility in Florida and for the non-residential sites in CA, FL, GA, NC, TN, and TX. For the past 30 years, she has treated patients from diverse backgrounds who suffer from eating disorders. Dr. Brooks served as the eating disorders specialist in the HBO film *Thin*, has appeared

on *Good Morning America* and has been featured in the following publications: *The New York Times*, *People Magazine*, *Essence Magazine* and *Perspectives*, The Renfrew Center Foundation's journal for professionals. A frequent presenter at conferences and workshops, Dr. Brooks speaks on topics such as the treatment of the complex patient, eating disorders and cultural diversity, the interplay between eating disorders and trauma, and eating disorders in mid-life women. Dr. Brooks is a member of the iaedp Board of Directors and Co-Chair of the Academy of Eating Disorders Diversity Special Interest Group.

Melanie Smith, LMHC



Melanie Smith, LMHC, is the Director of Training for The Renfrew Center. As Director of the corporate Clinical Training Department, she is responsible for developing and implementing clinical

training and programming that is consistent with emerging research and evidence-based practice. In this role, she provides ongoing supervision and consultation to Renfrew staff to continually assess and improve fidelity

and competence of treatment delivery of The Renfrew Center Unified Treatment Model for Eating Disorders[®]. Ms. Smith has extensive training and experience in the Unified Protocol for the Transdiagnostic Treatment of Emotional Disorders (UP) and is a UP Certified Therapist & Trainer. She has presented workshops on topics related to eating disorders for professional conferences, insurance companies, community mental health agencies, treatment centers, hospitals, and universities.

Full-day Seminar Schedule (6 CE Credits) Cost: \$95

- 8:15 am - 9:00 am: Registration, Check-in and Continental Breakfast
- 9:00 am - 12:00 pm: Morning Session
- 12:00 pm - 1:00 pm: Networking Luncheon
- 1:00 pm - 4:00 pm: Afternoon Session



Date and Location

Friday, June 1, 2018

Luxe Sunset Boulevard Hotel
11461 Sunset Blvd | Los Angeles, CA 90049
310-476-6571



About The Renfrew Center

The Renfrew Center has been the pioneer in the treatment of eating disorders since 1985. As the nation's first residential eating disorder facility, now with 19 locations throughout the country, Renfrew has helped more than 75,000 adolescent girls and women with eating disorders move towards recovery. Renfrew provides women suffering from anorexia nervosa, bulimia nervosa, binge eating disorder, and related mental health problems with the tools they need to succeed in recovery and in life.

Renfrew's extensive range of services includes residential, day treatment, intensive outpatient,

and outpatient programs. Each treatment level is built upon The Renfrew Center Unified Treatment Model for Eating Disorders[®], an evidence-based, emotion-focused therapy that addresses eating disorders and co-morbid symptoms. Within this model, individual and group therapy are enhanced with a diverse array of services to meet patients' needs. Renfrew accepts most major insurances and is a preferred provider for all levels of treatment.

Please call 1-800-RENFREW (736-3739) or visit www.renfrewcenter.com for more information about The Renfrew Centers.

Continuing Education

The Renfrew Center Foundation is approved by the American Psychological Association to sponsor continuing education for psychologists. The Renfrew Center Foundation maintains responsibility for this program and its content.

Continuing Education Credits for social workers have been applied for and are pending approval by the National Association of Social Workers for six Continuing Education Credits.

The Renfrew Center Foundation has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5852.

Programs that do not qualify for NBCC credit are clearly identified. The Renfrew Center Foundation is solely responsible for all aspects of the programs.

Continuing Education Credits for registered dietitians are offered pending approval by the Commission on Dietetic Registration.

This activity has been submitted to PSNA for approval to award contact hours. PSNA is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



June 1 • Los Angeles, CA

Registration

You may register online at www.renfrewcenter.com or fill out and fax the form below.

Seminar Cost: \$95 • Student Rate: \$75*

Continental breakfast and networking lunch included.

Name: _____

Credentials: _____

Organization: _____

Preferred Mailing Address (Work or Home): _____

City, State, ZIP: _____

Work Phone: (____) _____ Cell Phone: (____) _____

Fax: (____) _____ Email: _____

The Renfrew Center Foundation will administer a full refund for cancellations within three weeks of the seminar date. Cancellations less than three weeks of the seminar date will be issued a transferable credit toward a future seminar.

*Photocopy of Student ID must accompany registration form. Students must be enrolled in a post-undergraduate program.

**To register, mail check
or money order to:**

ATTN: Kelly Krausz
The Renfrew Center Foundation
475 Spring Lane • Philadelphia, PA 19128

**Or fax registration with
credit card information to:**

ATTN: Kelly Krausz
at 215-482-2695

Please call to confirm receipt of fax. Phone registrations will not be accepted.

Questions? Call TOLL-FREE 1-877-367-3383.

Enclosed is a check or money order in the amount of \$ _____

Please make payable to: The Renfrew Center Foundation.

Below is my credit card information authorizing payment to be charged to my account. (Only those cards listed below are accepted)

Credit Card #: _____ Exp. Date: _____ / _____

Sec. Code: _____ Amount to be Charged: \$ _____

Credit Card Used: AMEX DISCOVER MASTERCARD VISA

Signature: _____ Date: _____





The
Renfrew Center
Foundation

FOR EATING DISORDERS

475 Spring Lane
Philadelphia, PA 19128

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For Professionals**