FEMINIST RELATIONAL PERSPECTIVES AND BEYOND:

DISCERNING TRUTH

THE 29TH ANNUAL RENFREW CENTER FOUNDATION CONFERENCE FOR PROFESSIONALS

November 8-10 | 2019
Philadelphia Airport Marriott

18 CEs/CMEs

Featured Speaker:
LISA LING
Conference 2019 addresses the importance and challenges of discerning truth in our current climate of “fake news.” Learn the ways in which clients can develop skills to enhance critical thinking and we, as clinicians, can explore our own biases and capacity for taking others’ perspectives.

**LATEST IN RESEARCH**

The Conference focuses on evidence-based strategies and clinically relevant research.

**BIG IDEAS**

Be inspired by our keynote presenters, including a powerful address from our featured speaker, Lisa Ling.

**PEER-TO-PEER SHARING & NETWORKING**

Avail yourself of opportunities to connect with colleagues from across the globe. The Conference is a staging ground for sharing new ideas and concepts about the treatment and recovery of eating disorder patients.

**BEST FOOD IN TOWN**

We guarantee you won’t go away hungry! Breakfasts, lunches, snacks, as well as dinner and dancing on Friday night and hors d’oeuvres at Saturday night’s poster and awards session are included.

**RENEW. RECHARGE. RELAX.**

The Conference transcends an educational experience; it is a community where new relationships are formed and colleagues reunite. Something very special happens here each year - the energy and excitement is palpable. Our agenda and in-depth programming will send you back to your practice with vitality and fresh enthusiasm.

**ACCREDITATION**

18 CEs/CMEs available for psychologists, social workers, counselors, dietitians, nurses, and physicians, including psychiatrists. For more information, visit www.RenfrewConference.com.

Visit www.RenfrewConference.com to learn more & view the full Conference schedule.
THURSDAY, NOVEMBER 7TH
NEW ATTENDEE EVENING ORIENTATION
7:30 pm – 8:30 pm

FRIDAY, NOVEMBER 8TH
MORNING EXERCISE: BARRE3
6:45 am – 7:30 am
Tracy Borkowski, MSW, Certified barre3 Instructor

GENERAL REGISTRATION & CONTINENTAL BREAKFAST
7:45 am – 8:45 am

FRIDAY MORNING WORKSHOPS
9:00 am – 12:00 pm
FR1 Making Relationship Visible: Harnessing the Power of Relationship in an Evidence-Based World
Amy Banks, MD & Melanie Smith, MS, LMHC, CEDS
FR2 Multicultural Perspectives: The Impact of Colorism, Microaggressions and Trauma
Paula Edwards-Gayfield, MA, LPCS, LPC, NCC, CEDS; Carolyn Coker Ross, MD, MPH, CEDS & Caryl James Bateman, PhD
FR3 Atypical Anorexia in Higher Weight Clients: Stigma, Intersectionality and Advocacy
Kara Anne Emery, PsyD, CEDS & Jessica Wilson, MS, RD
FR4 Clinical Applications of the Developmental Theory of Embodiment
Niva Piran, PhD, CPsych, FAED & Douglas W. Bunnell, PhD, FAED, CEDS
FR5 Systemic Strategies for Helping Parents of Emerging Adults with Eating Disorders
Frani Pollack, PhD, MSW, MS & Fran Gerstein, MSW, LCSW, BCD
FR6 The Barbara M. Greenspan Memorial Lecture: Genes Trump Prevention... Fake News!
Tamara Pryor, PhD, MSW, FAED; Brogan Rossi, MS, RYT & Michael P. Levine, PhD, FAED

LUNCH
12:00 pm – 1:00 pm

BREAK
1:00 pm – 1:15 pm

WELCOME
1:15 pm – 1:30 pm
Judi Goldstein, MSS, LSW Conference Chair

BREAK
3:00 pm – 3:30 pm

FRIDAY AFTERNOON WORKSHOPS
3:30 pm – 6:30 pm
FR7 What Our Bodies Hold: Treating and Empowering Black and Latinx Women to Heal from Internalized Oppression
Jeannine Circo Barker, PsyD, ATR-BC; Batsirai Bvunzawabaya, PhD & Julien Almonte, MA, PhD
FR8 DBT and Radically Open DBT for Eating Disorder Dietitians
Stefanie Boone, MS, RD, CEDRD
FR9 Intercensorption and the Autism-Eating Disorder Connection: A Guide from Inside
Kim Clairy, OTR/L & Kelly Mahler, MS, OTR/L
FR10 Discerning the Underlying Genetic and Neurobiological Truths of Eating Disorders Treatment
Laura Hill, PhD, FAED
FR11 All About Survival: Eating Disorders Through a Developmental Trauma Lens
Kathleen Love, LMFT, LPC, SEP
FR12 Ending Eating Disorders Starts with Boldly Inhabiting Our Own Bodies
Elizabeth Scott, LCSW, CEDS-S & Connie Sobczak, BA

EVENING GATHERING - BUFFET DINNER & DANCING
6:30 pm – 10:00 pm

SATURDAY, NOVEMBER 9TH
MORNING EXERCISE: EYE OPENER INTERVALS
6:30 am – 7:15 am
Kim Edgin, MPA, SHRM-SCP, SPHR, Certified AFAA Group Aerobics and Pilates Instructor

GENERAL REGISTRATION & CONTINENTAL BREAKFASTS
7:30 am – 8:15 am
– Men’s Networking Breakfast
Samuel E. Menaged, JD & Steven Wiley Emmett, PhD
– Networking Breakfast for Professionals Treating College Students
Lori Ciotti, LICSW; Katie Huber & Carrie Landa, MA, PhD
– Networking Breakfast for Nutrition Therapists
Becky Mehr, MS, RDN, CEDRD-S, LDN & Lindsay Friedman, RD, LDN

LUNCH
12:00 pm – 1:00 pm

BREAK
1:00 pm – 1:15 pm

WELCOME
1:15 pm – 1:30 pm
Judi Goldstein, MSS, LSW Conference Chair

BREAK
1:30 pm – 3:00 pm

Open Heart, Open Mind
LISA LING

RESEARCH PANEL
8:30 am – 10:00 am
Discerning Truth: Tackling Biases and Blind Spots in Eating Disorder Science and Research
Kelly L. Klump, PhD (moderator); Carolyn Black Becker, PhD, ABPP & Nicole Therese Buchanan, PhD

BREAK
10:00 am – 10:30 am
SATURDAY MORNING WORKSHOPS
10:30 am - 12:30 pm

SA1 Permission to Pause: Supporting College Students in Pursuing a Higher Level of Care
Lori Ciotti, LICSW & Carrie Landa, MA, PhD

SA2 Taking Your Practice to the Next Level: Expanding Your Skill Set and Outcomes
Melissa Gerson, LCSW; Lucene Wisniewski, PhD, FAED & Ashley Simon, MA

SA3 The Interesting Relationship Between ADHD, Eating Disorders and Body Image
Roberto Olivardia, PhD

SA4 Relational Perspectives: Strategies, Interventions and the Healing Therapeutic Stance
Judith Ruskay Rabinor, PhD, CEDS & Judith Brisman, PhD, CEDS

SA5 Bridging the Body-Mind Gap: Bringing the Body Back into Body Image
Adrienne Ressler, LMSW, CEDS, F.aaedp & Susan Kleinman, MA, BC-DMT, NCC, CEDS

SA6 Healing Toxic Effects of Trauma: Shifting Patterns of Self-Sabotage to Self-Support
Jane Shure, PhD, LCSW & Beth Weinstock, PhD

GENERAL LUNCH
12:30 pm - 1:30 pm

– Celebrating Diversity Lunch
Cindy Gretzula, RN & Paula Edwards-Gayfield, MA, LPCS, LPC, NCC, CEDS

REMARKS FROM THE RENFREW CENTER FOUNDATION PRESIDENT
1:45 pm - 2:00 pm
Samuel E. Menaged, JD

KEYNOTE PRESENTATION
2:00 pm - 3:30 pm

Polarization in Civic and Intimate Life: How Therapists Can Help
William J. Doherty, PhD

BREAK
3:30 pm - 4:00 pm

SATURDAY AFTERNOON WORKSHOPS
4:00 pm - 6:00 pm

SA7 Befriending Your Body: Building Embodiment, Self-Compassion and Mindfulness
Ann Saffi Biasetti, PhD, LCSW, CIAYT

SA8 The Missing Link...Binge Eating Disorder and Insulin Resistance
Carolyn Hodges Chaffee, MS, RDN, CEDRD & Amy Enright, RD

SA9 Treating Eating Disorders at Midlife and Beyond: Forging Relational Hope
Margo Maine, PhD, FAED, CEDS; Karen Samuels, PhD & Mary Tantillo, PhD, RN, PMHCNS-BC, FAED

SA10 Kickstart Psychological Flexibility: Promoting Acceptance and Change Using the ACT Matrix
Jacob Martinez, MA, LPC

SA11 That’s Fake News! Or is it? Media Literacy in the Cyber-age
Alexandra Raymond, RD, LD; Millie Plotkin, MLS & Carrie Arnold, MPH

SA12 Fibbing and Falsification: Uncovering Truths and Moral Health
Sandra Wartski, PsyD, CEDS

POSTER PRESENTATIONS, AWARDS & NETWORKING RECEPTION
6:00 pm - 7:15 pm

SUNDAY, NOVEMBER 10TH

GENERAL REGISTRATION & CONTINENTAL BREAKFAST
7:30 am - 8:15 am

SUNDAY MORNING WORKSHOPS
8:30 am - 10:30 am

SU1 100 Shades of Gray: Ethics in the Treatment of Eating Disorders
Kelly Broadwater, MA, LPA, LPC, CEDS-S & Kendra Wilson, LCSSW, CEDS, DBTC

SU2 Nutrition for Therapists: Disseminating the Truth and Dispelling Myths
Flavia Herzog Liebel, MA, RD, LDN

SU3 Body Image: What Research and Clients Say and How to Respond
Martha Peaslee Levine, MD & Beth Clark-Byers, LCSW

SU4 Building LGBTQIA+ Affirming Environments by Challenging Personal and Organizational Bias
Rebecca Newman, MSW, LCSW & Em Gormley, MSW, LCSW

SU5 Girl, Wash Your Facebook Feed
Rebecca Scritchfield, MA, RDN, EP-C & Melissa Toler, PharmD

SU6 Memoir, Psychotherapy, Truth: Using Guided Memoir to Revision ‘False’ Narratives
Natasha Weston, MS, LPC & Deborah Gussman, PhD

KEYNOTE PRESENTATION
11:00 am - 12:45 pm

Doing Better: Rejecting Antiquated Conceptualizations of Mind-Body-Weight
Jennifer L. Gaudiani, MD, CEDS, FAED

CLOSING RITUAL
12:45 pm - 1:00 pm
Adrienne Ressler, LMSW, CEDS, F.aaedp

LUNCH & TOUR OF THE RENFREW CENTER
1:30 pm - 4:00 pm
Open Heart, Open Mind

In today’s culture of “fake news,” important issues often emerge with little regard for truth, transparency, fairness, or the importance of a global perspective. Lisa Ling, journalist extraordinaire, has a mission—she is dedicated to shedding light on the stories that impact the world in which we live. In her presentation, Lisa shares a collection of stories that have profoundly affected her outlook on life over her 20-year career in media. She will inspire us to think about how to help our clients with the abundance of misinformation and biased rhetoric. This Keynote includes her personal journey, lessons learned, the challenges of “screen time,” and ones’ ability to manage and discern truth.

Featured Speaker:
LISA LING
FRIDAY, NOVEMBER 8TH
1:30 pm - 3:00 pm

Discerning Truth: Tackling Biases and Blind Spots in Eating Disorder Science and Research
Kelly L. Klump, PhD (moderator); Carolyn Black Becker, PhD, ABPP & NiCole Therese Buchanan, PhD
SATURDAY, NOVEMBER 9TH | 8:30 am - 10:00 am

There is an assumption that science is neutral and the absolute truth. This perpetuates the false narratives about the neutrality of our science, the utility of our findings to all people, the absence of bias in our methods, and our interpretation of results. This panel will discuss new research that challenges long-held assumptions in the eating disorders field and the implications of this important work.

Polarization in Civic and Intimate Life: How Therapists Can Help
William J. Doherty, PhD
SATURDAY, NOVEMBER 9TH
2:00 pm - 3:30 pm

We live in the most polarized time since the 1850’s, tearing at the fabric of civil life and disrupting the intimate sphere of friendships, marriage and family relationships. We can’t even agree on what is true, let alone what to do about it. The result is ramped up anxiety that affects therapists, clients and whole communities. This Keynote Presentation addresses how to deal with our own “political stress” and our own “inner polarizer,” highlighting how therapists can help clients understand the ways in which the larger world is affecting them, and how to be agents of depolarization while still being true to their own values and beliefs.

Doing Better: Rejecting Antiquated Conceptualizations of Mind-Body-Weight
Jennifer L. Gaudiani, MD, CEDS, FAED
SUNDAY, NOVEMBER 10TH
11:00 am - 12:45 pm

Historically, individuals with eating disorders have received suboptimal medical care due to a siloing of body and soul, weight stigma, and a lack of awareness about physiologic responses to eating disorders. Physical symptoms that arise from inadequate fueling or purging continue to be missed, ignored or incorrectly attributed. In this Keynote Presentation, Dr. Gaudiani considers some of the complicated medical problems common to patients with eating disorders, while insisting on a weight-inclusive approach and centering diverse patients. Ideally, practitioners will reject old constructs of mind-body separation and equation of thinness with health, and turn to a more social-justice, feminist-centered perspective that allows for improved care.

HOTEL & CONFERENCE SITE INFORMATION
Philadelphia Airport Marriott
One Arrivals Road, Terminal B
Philadelphia, PA 19153

The negotiated rate is $125 per night plus taxes for a single or double occupancy. To reserve a room at the discounted rate, please call The Philadelphia Airport Marriott directly at 1-800-682-4087. Please identify yourself as a Renfrew Conference attendee. Reservations must be made no later than Wednesday, October 16, 2019 in order to receive the special discounted rate.

CONFERENCE FEE SCHEDULE

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*To receive the early registration discounted rate, registration must be postmarked or completed online by Friday, September 13th.
Full schedule can be viewed at www.renfrewconference.com

For questions, please contact

Kelly Krausz at kkrausz@renfrewcenter.com.
Please make checks payable to The Renfrew Center Foundation. Full refunds will be made for cancellations received by Friday, October 4, 2019. Cancellations after October 4, 2019 will be refunded 50% of the registration fee. There will be no refunds issued after Friday, November 1, 2019. All requests for refunds must be submitted in writing to kkrausz@renfrewcenter.com.

SPECIAL EVENTS
I will attend the following:

THURSDAY EVENING
☐ New Attendee Orientation
7:30 pm - 8:30 pm

FRIDAY
☐ barre3
☐ Evening Gathering

SATURDAY
☐ Eye Opener Intervals
☐ Men’s Networking Breakfast
☐ Networking Breakfast for Professionals
☐ Treating College Students
☐ Networking Breakfast for Nutrition Therapists
☐ Celebrating Diversity Lunch
☐ Poster Presentations, Awards & Networking Reception

SUNDAY
☐ Lunch & Tour of The Renfrew Center
(1:30 pm - 4:00 pm • Shuttle provided)

PAYMENT

Friday through Sunday ................... $___________
Friday ............................................... $___________
Saturday ........................................... $___________
Sunday ............................................. $___________

Total Amount ................................ $___________

Enclosed is a check or money order in the amount of ....................... $___________

Below is my credit card information authorizing payment to be charged to my account.
(Only the cards listed below are accepted.)

Credit Card:
☐ AMEX ☐ MASTERCARD ☐ DISCOVER ☐ VISA

Credit Card #:__________________________
Sec. Code:_________  Exp. Date:________
Amount to be Charged: $___________
Signature:__________________________
Date:_________________________________
FEMINIST RELATIONAL PERSPECTIVES AND BEYOND:
DISCERNING TRUTH

November 8-10, 2019 | Philadelphia Airport Marriott | 18 CEs/CMEs

ABOUT THE RENFREW CENTERS
The Renfrew Center has been the pioneer in the treatment of eating disorders since 1985. As the nation’s first residential eating disorder facility, now with 19 locations throughout the country, Renfrew has helped more than 75,000 adolescent girls and women with eating disorders move towards recovery. Programs and services vary by site and include: Residential, Day Treatment, Intensive Outpatient, and Outpatient Programs.

ABOUT THE RENFREW CENTER FOUNDATION
The Renfrew Center Foundation, founded in 1990, is a non-profit, charitable organization dedicated to advancing eating disorders education, prevention, research, advocacy, and treatment. Through its programs, the Foundation aims to increase awareness of eating disorders as a public health issue and research the pathology and recovery patterns of people with eating disorders. To date, the Foundation has trained more than 35,000 professionals in the assessment, treatment and prevention of behavioral and emotional disorders by sponsoring an Annual Conference, as well as numerous seminars throughout the country.

For more information about The Renfrew Center or The Renfrew Center Foundation
call 1-800-RENFREW (736-3739) or visit www.renfrewcenter.com.